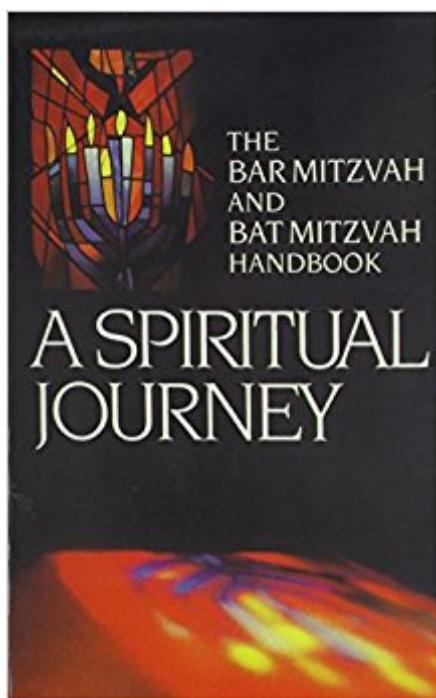


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# A Spiritual Journey: The Bar Mitzvah And Bat Mitzvah Handbook



## Synopsis

Like Judaism itself, the ritual of the Bar and Bat Mitzvah has developed over time. As with all rituals, participants need to invest it with meaning if it is to move beyond mere performance. In a time when we seek to strengthen Jewish continuity and identity, the bar and bat mitzvah provide opportunities to create meaning in our children's lives. It is the moment when the Jewish community grows by one. A Spiritual Journey is at once a guide to the practical issues of becoming a bar or bat mitzvah and an exploration of the deeper emotional and spiritual elements, inviting young adults and their families to appreciate the ritual's inherent richness and beauty. B'nai mitzvah and their parents will benefit from this thoughtful examination of the ceremonies that lie at the heart of Jewish identity. A Spiritual Journey ensures that the ceremony sets Jewish young adults on a lifelong path toward wisdom, faith, justice, and peace.

## Book Information

Paperback: 64 pages

Publisher: Behrman House (April 1, 1996)

Language: English

ISBN-10: 0874415519

ISBN-13: 978-0874415513

Product Dimensions: 5.4 x 0.2 x 8.5 inches

Shipping Weight: 3.2 ounces

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #3,660,002 in Books (See Top 100 in Books) #89 in Books > Teens > Religion & Spirituality > Judaism #527 in Books > Children's Books > Religions > Judaism #2521 in Books > Religion & Spirituality > Religious Studies > Ethics

Age Range: 12 - 13 years

Grade Level: 7 - 8

## Customer Reviews

This is a wonderful guide for the Bar/Bat Mitzvah to use with their Parents during the entire year before the event.

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